

REPEAT P2 - P6 THROUGHOUT BOOK

	+	0
		0
	+	0
		0
DEAS & THOUGHTS		
	+	
		0
		····· 0
		······ O
		····· O
		······ O
		····· 0
	SELF-CARE	
+		

TOP PRIORITIES			I'M I OOKING FORWARD TO	
TOP PRIORITIES		i		
0	I FEEL POSITIVE ABOUT			
0				
0				
0				
0				MY WISH LIST
0	I'M PROUD OF		+	
0				0
0				
0		i		0
TODAY I'M GRATEFUL FOR:				0
TODAY I MI GRATEFUL FOR:				
				_
				0
		1		
		1		0
		······································		0
				0
		i		
I'M PROUD OF:				
		į		

<u> </u>	
+	NOTES & FEELS
WISH LIST	